

## **Do slimming pills work?**

### Description:

The only medicines in the UK specifically licensed for the treatment of obesity are called orlistat and sibutramine. Orlistat works by reducing the absorption of the fat you eat. Sibutramine increases the feeling of fullness when you eat by boosting levels of the chemical, serotonin, which is naturally made in your body.

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### Website:

<http://www.nhsdirect.nhs.uk/articles/article.aspx?articleId=1137>